

Hygienic hand disinfection

Standard rubbing technique for hygienic hand disinfection in accordance with EN 1500



For **hygienic hand disinfection** place cupped dry palms under the sensor to apply the hand disinfectant and rub in up to the wrists for **30 seconds** following the steps listed above.

Perform the movements of each step five times. After completion of the 6th step, the individual steps are repeated until the required rubbing time has been reached.

- **Make sure that the hands remain moist during the entire rubbing time. If necessary, apply more hand disinfectant.**



Step 1

Rub palm to palm

 approx. 5 seconds



Step 4

Rub the backs of the interlocked fingers on the opposing palms

 approx. 5 seconds



Step 2

Run right palm over the back of the left hand – and vice versa

 approx. 5 seconds



Step 5

Rub the right thumb in the closed palm of the left hand using a circular motion – and vice versa

 approx. 5 seconds



Step 3

Rub palm to palm with interlaced spread fingers

 approx. 5 seconds



Step 6

Rub the closed fingertips of the right hand on the left palm using a circular motion – and vice versa

 approx. 5 seconds