

PATIENT - octenisan® md nasal gel 5 day protocol

Step 1



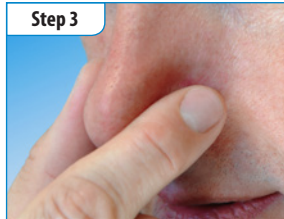
Ensure nasal cavity is thoroughly cleaned beforehand if required, e.g. with a wetted cotton bud.

Step 2



Introduce a sufficient amount into the front part of the nose (nasal vestibule), e.g. with a cotton bud, for about 2 minutes twice daily.

Step 3



Close the nose by pressing together the side of the nasal wings.

Step 4



Massage gently between the thumb and forefinger to ensure gel is evenly distributed.

Step 5



Remove any excess gel with a clean swab or cotton bud, ensuring a film of moisture remains behind.

Step 6



Repeat a maximum of twice daily for 5 days.

What is octenisan® md nasal gel?

octenisan® md nasal gel is used for moistening and decontamination by physical cleaning of the nasal vestibule.

How to use octenisan® md nasal gel?

octenisan® md nasal gel can be used maximum of twice daily for five days.

- Step 1 Ensure nasal cavity is thoroughly cleaned beforehand if required, e.g. with a wetted cotton bud.
- Step 2 Introduce a sufficient amount into the front part of the nose (nasal vestibule), e.g. with a cotton bud, for about 2 minutes twice daily.
- Step 3 Close the nose by pressing together the side of the nasal wings.
- Step 4 Massage gently between the thumb and forefinger to ensure gel is evenly distributed.

Step 5 Remove any excess gel with a clean swab or cotton bud, ensuring a film of moisture remains behind.

Step 6 Repeat a maximum of twice daily for 5 days.

Important:

Take care not to introduce octenisan® md nasal gel too deep into the nose.

Do not use octenisan® md nasal gel in combination with other cleaning gels, ointments, soaps, oils, enzymes or other anionic surfactants.

If you experience any difficulty in following this procedure, please seek help from a carer or healthcare professional.