

octenisan® md nasal gel 5 day protocol

Step 1



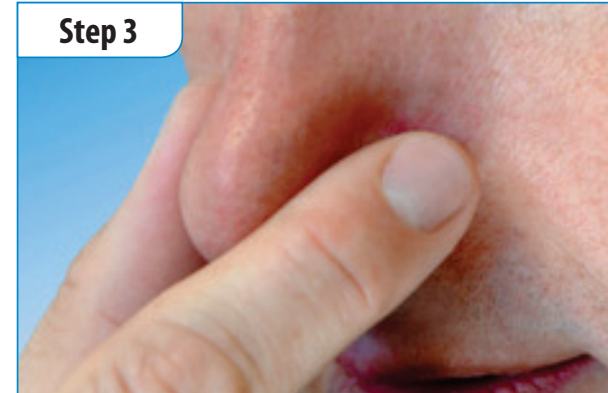
Ensure nasal cavity is thoroughly cleaned beforehand if required, e.g. with a wetted cotton bud.

Step 2



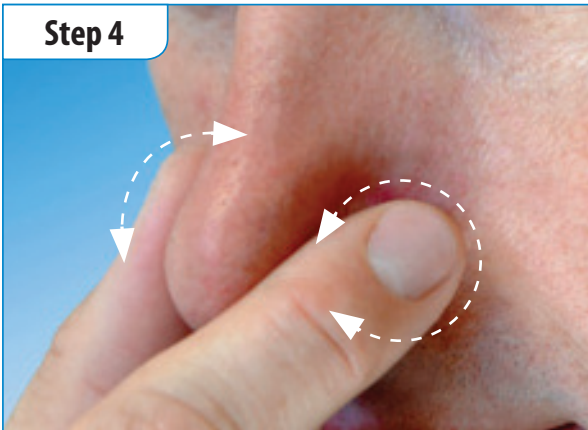
Introduce a sufficient amount into the front part of the nose (nasal vestibule), e.g. with a cotton bud, for about 2 minutes twice daily.

Step 3



Close the nose by pressing together the side of the nasal wings.

Step 4



Massage gently between the thumb and forefinger to ensure gel is evenly distributed.

Step 5



Remove any excess gel with a clean swab or cotton bud, ensuring a film of moisture remains behind.

Step 6



Repeat a maximum of twice daily for 5 days.