



hand
hygiene
protects
you & me

Effective hand hygiene involves skin cleansing, care and protection

Hand washing is intended to remove visible dirt and contamination from alcohol-resistant pathogens. Skin care is the foundation of hand disinfection.

The healthier the skin, the smoother and less damaged its surface, the fewer germs will adhere, aiding in the prevention of skin conditions in hands subjected to heavy use.



Skin Protection

Before beginning of work shift
Before tasks posing risk to the skin
After work breaks or throughout the day

Skin Cleansing

Before work breaks
After visibly dirty skin
After using the restroom
After end of work shift

Skin Care

Mornings and evenings
After tasks posing risk to the skin
After end of work shift

Lotion Application



1. Dispense product from pump or dispenser



2. Apply first on the back of the hand



3. Rub into hands



4. Pay special attention to the spaces between fingers and nail beds

Hand Washing



1. Use running water



2. Lather soap on all sides for at least 20 sec



3. Rinse thoroughly



4. Dry with a clean towel