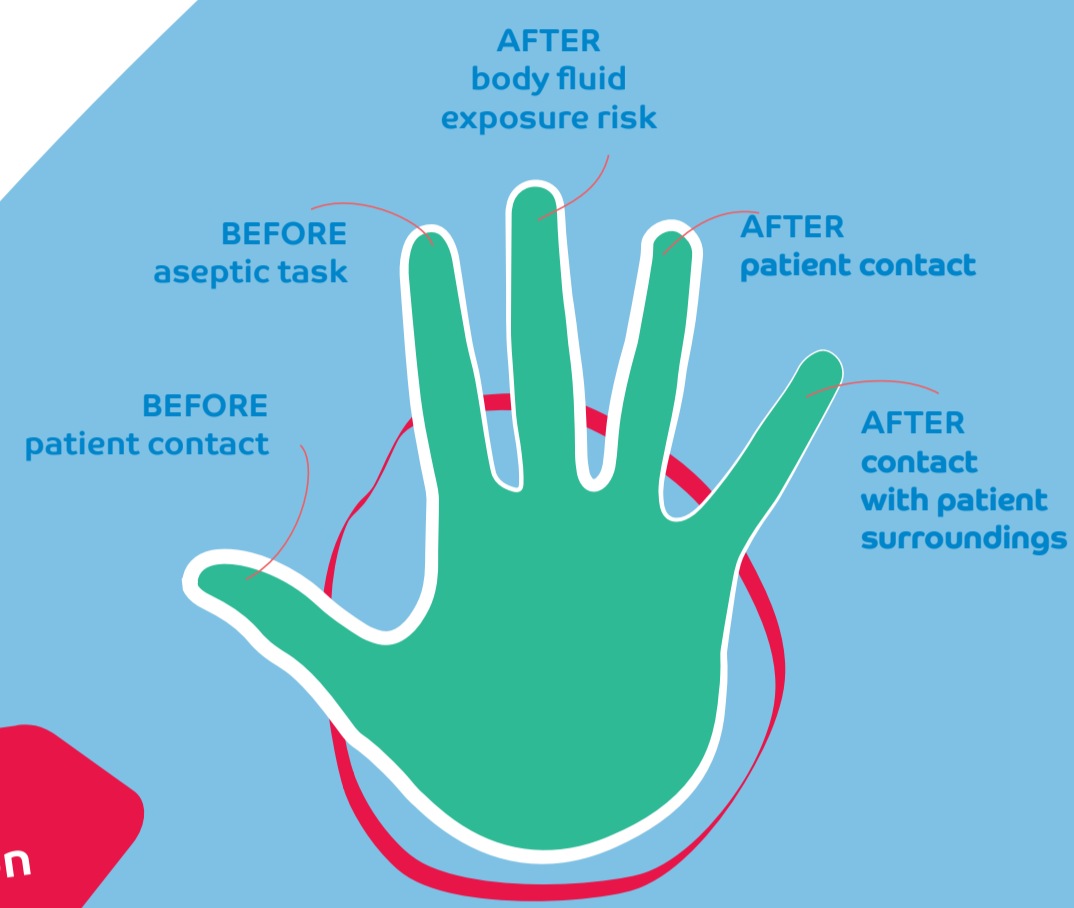


# Hand Disinfection

The 5 moments of hand disinfection



1. Palms
2. Backs of the hand
3. Palms with fingers spread
4. Interlock fingers and rub
5. Rub fingertips in a circular motion on the palm
6. Rub thumbs in a circular motion

**MOMENT**  
INDICATION

**TECHNIQUE**  
RESPONSIBLY AND CORRECTLY

Especially important: hands should always be kept moist!

**AMOUNT**

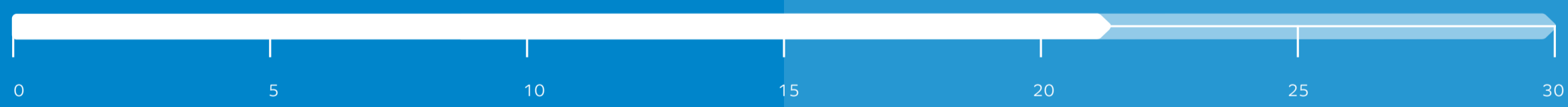
**DURATION**

START:  
3 ML

To achieve the required effect of EN 1500, hands should stay moist throughout the entire duration of hand disinfection. It is recommended to begin with approximately 3 ml and adjust as necessary.

THEN AS NEEDED

30 SEC



All standards, guidelines, and testing methods assume intact skin condition



hand hygiene protects you & me