



**hand  
hygiene  
protects  
you & me**

## Not every task requires gloves.

### When to perform **hygienic hand disinfection?**



For contact with **intact skin** as part of **basic hygiene**

For activities **without contact to potentially infectious materials** (for example: vaccinations)

In the 5 moments of hand hygiene:

**Before** patient contact

**Before** any aseptic task

**After** contact with any potentially infectious materials

**After** patient contact

**After** contact with patient surroundings

### When to additionally use **disposable gloves?**



When caring for and treating patients with **transmissible diseases**

For **invasive** procedures<sup>1,2</sup>, **punctures** and certain **injections**

When in direct contact with **highly contaminated surfaces**

For activities involving potential **body fluid exposure**

For **alcohol-resistant pathogens** (for example: spores)

<sup>1</sup>Sterile gloves must be used for invasive procedures. <sup>2</sup>Bundesgesundheitsblatt 2016 · 59:1189–1220, DOI 10.1007/s00103-016-2416-6 901403 ||| 03.24 | A | NaH

**Use medical disposable gloves sensibly. Most of the time hygienic hand disinfection is sufficient and avoids waste.**



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# Perform hygienic hand disinfection, even if wearing gloves.

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For activities **without contact to potentially infectious materials** (for example: vaccinations)

In the 5 moments of hand hygiene:

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**According to the indications for hand hygiene, disposable gloves should be changed and a hygienic hand disinfection should be performed BEFORE donning and AFTER removing gloves.**